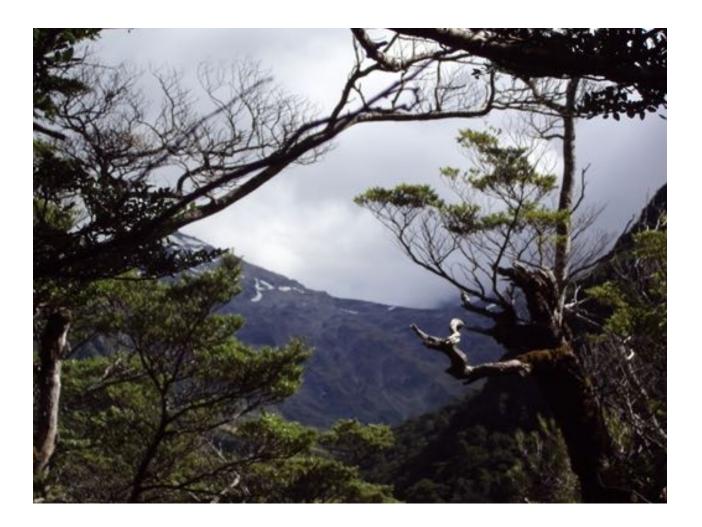
## **Camp Information**



## **Key Competency Development**



## Managing Self

- Self Motivation
- A 'can do' attitude
- Seeing ourselves as capable learners
- Able to self assess
- Being resourceful
- Being reliable
- Being resilient
- Set personal goals
- Have strategies for meeting challenges



## Participating and Contributing Making connections with others





Participating and Contributing Contribution as a group member



### **Relating to Others**

- Able to interact effectively with a range of people in a variety of contexts
- Being an active listener
- Being able to negotiate
- Being able to share ideas
- Knowing when it is appropriate to complete and when it is appropriate to co-operate
- By working effectively together, come up with new approaches, ideas and ways of thinking



## Role of any parents on tramps



We usually have enough experienced staff on tramps and only occasionally ask parents for support. In this case we ask parents who we know have the skills needed.

- Physically fit
- Experienced in outdoors
- Be able to assist staff
- Be able to keep in mind that your own child is working on managing themselves.
- Covid is expected to affect our ability to have parent input.

## **Timing and Cost**

In February and March – dates will be announced early in the school year.

Donations towards the cost are appreciated in order to enable us to provide these opportunities. Likely to be \$60-\$100.



## Basic plan of Camps

- M2/3/4 have a 4-5 day camp
  - 2 nights out on tramp in tents and 1-2 night at a facility.
- M1 has a 3-4 day camp
  Departs Tuesday A one
  night tramp and 1-2 nights
  at a facility.



## Food For Tramping

- Food is provided.
- Students are allocated cooking groups.
- They are given food before they depart on camp.
- They all carry a fair share of food and cooking gear.
- They all learn how to use the stoves safely before going on camp.
- Students are advised to provide own snacks but a good breakfast, lunch and dinner is provided.



## **Sleeping Out**

- Students are allocated sleeping and cooking groups.
- Sleeping is in mountain tents designed for mountain conditions.





## We have all sorts of weather

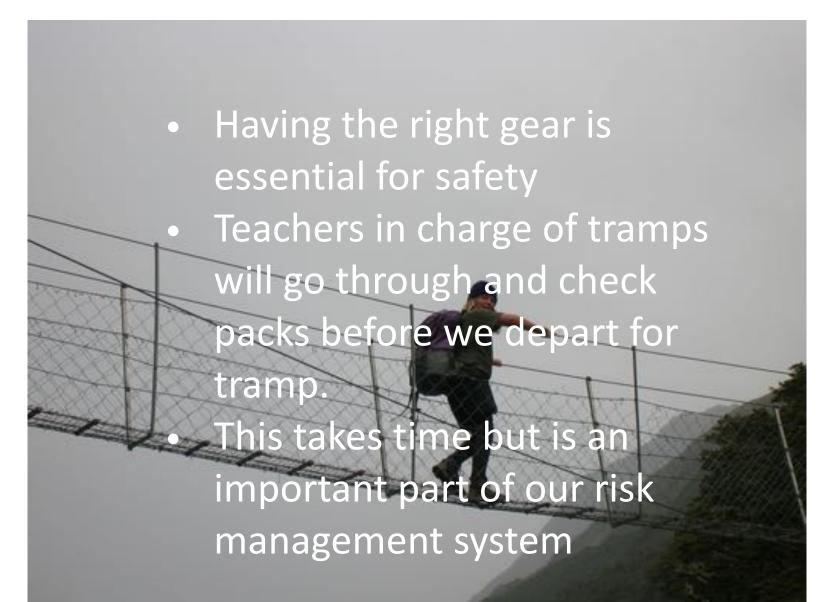
### ... and conditions



## It's not always warm



#### Gear Lists are Provided by class Teacher



## Gear is Available From School

We can provide the following tramping equipment to students who do not have or cannot borrow these items:-

#### Packs

#### Sleeping Mats Raincoats

We prefer students to try to get hold of gear themselves as we do not have an endless supply.

A warm compact sleeping bag in a stuff sack is essential.



## When is gear given out ?

- School gear is given out on the morning that the students depart for camp.
- Students come to school with their gear in a plastic bin liner.
- Camp gear is kept separate from tramp gear and packed in another trailer.



# Why don't we give out gear so students can pack at home?

- Students are allocated packs etc. when the previous camps have returned gear – so we can get best fit.
- Students have to repack with group gear issued on day
- Some students pack some very heavy unnecessary objects – which are then put in their camp bag.
- Staff have to check gear



## Footwear

- Boots are ideal but not always worn in – it is good to get students to wear boots around for a few hours or longer if possible as we often have problems with blisters
- Sturdy trainers do the job but feet are not as well supported



## Medications

- Please inform teacher of any medical conditions as on camp form
- Students will often suffer from hay fever or be at risk of headaches or pain from knocks or sprains – it would be great if parents could provide students with some antihistamine and a suitable pain relief medication just in case. This will ease symptoms and make their camp more enjoyable



#### Huxley Lodge Based Activities

All Students spend 2 nights at Huxley.

The activities are organised by the classroom teacher, all are within walking distance from the Lodge.

Class teachers will be finalising the activities over the next few weeks.



## A whole range of exciting activities are planned for camp, focusing on building key competencies such as teamwork.



## Risk Management Planning and Information for Parents / Caregivers

• All of our camp plans, programmes and risk management forms are in the office and can be viewed at any time. There is a risk management form for all activities.



